### **SPRING VALLEY**

# **May 2023**

## **GRADES 4K-12 MENU**

\* \* \* Menu may change \* \* \*

#### **BREAKFAST PRICES**

Grades 4K-12: \$1.85 Reduced 4K-12: \$0.30 Milk: \$0.40 Adult/Visitor: \$2.70

#### **LUNCH PRICES**

Grades 4K-5: \$2.60 Grades 6-12: \$2.90 Reduced 4K-12: \$0.40 Adult/Visitor: \$4.65

| MONDAY                  | TUESDAY                | WEDNESDAY            | THURSDAY          | FRIDAY            |
|-------------------------|------------------------|----------------------|-------------------|-------------------|
| 1                       | 2                      | 3                    | 4                 | 5                 |
| BREAKFAST               | BREAKFAST              | BREAKFAST            | BREAKFAST         |                   |
| French Toast Sticks     | Breakfast Pizza        | Cinnamon Roll        | Banana Bread      |                   |
| LUNCH ENTRÉES           | LUNCH ENTRÉES          | LUNCH ENTRÉES        | LUNCH ENTRÉES     |                   |
| -Mini Corndogs          | -Calzone               | -Mozzarella Sticks   | -Orange Chicken   |                   |
| -Hot Ham & Cheese       | Marinara Sauce         | Marinara Sauce       | -Hot Dog          |                   |
| Sandwich                | -Fruit & Yogurt Plate  | -Turkey & Cheese     |                   | NO SCHOOL         |
|                         | with Muffin            | Wrap                 |                   |                   |
| Sides                   | Sides                  | Sides                | Sides             |                   |
| Potato Wedges           | Corn                   | Green Beans          | Rice              |                   |
| Baked Beans             | Dried Mixed Fruit      | Tropical Fruit       | Edamame           |                   |
| Apple Slices            |                        |                      | Craisins          |                   |
| 8                       | 9                      | 10                   | 11                | 12                |
| BREAKFAST               | BREAKFAST              | BREAKFAST            | BREAKFAST         | BREAKFAST         |
| Oatmeal C.C. Round      | Breakfast Pizza        | Bacon Scramble Pizza | Pancake Bites     | Maple Waffle      |
| LUNCH ENTRÉES           | LUNCH ENTRÉES          | LUNCH ENTRÉES        | LUNCH ENTRÉES     | LUNCH ENTRÉES     |
| -Grilled Chicken Fajita | -Cheeseburger          | -Pizza Crunchers     | -Chicken ala King | -Deluxe Nachos    |
| Roasted Peppers &       | -Grilled Chicken Salad | Marinara Sauce       | Biscuit           | -Pizza            |
| Onions                  | Breadstick             | -Ham & Cheese        | -Meatball Sub     |                   |
| -Fish Nuggets           |                        | Wrap                 |                   |                   |
| Sides                   | Sides                  | Sides                | Sides             | Sides             |
| Wild Rice               | French Fries           | Broccoli             | Peas              | Carrots           |
| Green Beans             | Baked Beans            | Applesauce           | Sliced Peaches    | Raisins           |
| Sliced Pears            | Mixed Berry Cup        |                      |                   |                   |
| 15                      | 16                     | 17                   | 18                | 19                |
| BREAKFAST               | BREAKFAST              | BREAKFAST            | BREAKFAST         | BREAKFAST         |
| French Toast Sticks     | Breakfast Pizza        | Cinnamon Roll        | Banana Bread      | Smoothie & Muffin |
| LUNCH ENTRÉES           | LUNCH ENTRÉES          | LUNCH ENTRÉES        | LUNCH ENTRÉES     | LUNCH ENTRÉES     |
| -Popcorn Chicken        | -Pizza                 | -BBQ Rib Sandwich    | -Hamburger Gravy  | -Quesadilla       |
| -Sloppy Joe Sandwich    | -Chicken Caesar Salad  | -Brat                | Mashed Potatoes   | -Grilled Chicken  |
|                         | Breadstick             |                      | -Fish Sticks      | Sandwich          |
| Sides                   | Sides                  | Sides                | Sides             | Sides             |
| Rice Pilaf              | Corn                   | Potato Wedges        | Green Beans       | Peas              |
| Carrots                 | Blueberries            | Coleslaw             | Mixed Fruit       | Sliced Peaches    |
| Juice Cup               |                        | Baked Beans          |                   |                   |
|                         |                        | Strawberry Cup       |                   |                   |

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|--|---|---|
| 22   | 23  | 24   | 25  | 26  |
| BREAKFAST  | BREAKFAST   | BREAKFAST  | BREAKFAST   | BREAKFAST   |
| Oatmeal C.C. Round   | Breakfast Pizza   | Bacon Scramble Pizza   | Pancake Bites   | Maple Waffle  |
| LUNCH ENTRÉES -Chicken Nuggets -Hot Ham & Cheese Sandwich  Sides Sweet Potato Fries Mixed Vegetable Warm Cinnamon Apple Slices | LUNCH ENTRÉES -Soft Shell Taco -Burrito  Sides Spanish Rice Refried Beans Mixed Berry Cup | LUNCH ENTRÉES -Chicken Teriyaki -Chef Salad Breadstick Sides Rice Corn Dried Mixed Fruit | LUNCH ENTRÉES -Breaded Chicken Sandwich -Fish Sandwich  Sides French Fries Carrots Sliced Pears | LUNCH ENTRÉES -Pizza Fries Marinara Sauce -Corndog Sides Asparagus Craisins |
| 29   | 30  | 31   | 1   | 2   |
| NO SCHOOL  | Cook's Choice  Will be posted the day before.   | Cook's Choice  Will be posted the day before.  | Cook's Choice  Will be posted the day before.   | Cook's Choice  Will be posted the day before.                               |

Menu is subject to change.

4K-12 BREAKFAST INCLUDES: Milk, juice & applesauce / ALTERNATIVE CHOICE: Cold cereal

4K-12 LUNCH INCLUDES: Fresh fruit, fresh vegetable, and milk choice

4K-12 LUNCH: All sandwiches are served with whole grain bun

You can access your family lunch account through the school web site @ www.springvalley.k12.wi.us. If you have any questions concerning your family account, please contact Amy Fisher at 715-778-3182

Pay your food service account on-line.

#### Spring Valley Schools district home page, Family Access or On-line Payment buttons

MS/HS- Second helping of an entrée is \$2.25. Extras need to be payed for in advance (positive balance in your account) or payed with cash in line.

Breakfast is served daily at 7:45 am until the first bell rings.

PLEASE fill out a free/ reduced application. This needs to be done every school year. Besides helping our students to receive a healthy meal, some of the crucial funding we receive as a school district is tied directly to our free/ reduced student counts.